

Bury Suicide Prevention Action Plan

(June 17 – June 18)

Priority 1 - reduce the risk of suicide in key high risk groups and tailoring approaches to improve mental health in specific groups

No	Action / description	Start date	End date	Outcome	Lead officer	RAG rating
1.1	(Universal) Develop an appropriate and accessible systematic training offer for staff from agencies who regularly come into contact with these groups	01/06/17	31/10/17	Training needs analysis, Review of evidence based training, Recommendations for training for different agencies and the public	Ann Whittington Jon Hobday Dave Bevitt	
1.2	(Universal – including children and young people) Develop an appropriate and accessible training offer for family, friends and colleagues who are concerned about someone who may be at risk of suicide.	01/07/17	31/10/17	Review of training programmes available to the wider public. Development of guidance on which training courses are available locally and how the public can access these.	Terry Holland Michael Hargreaves	
1.3	(Young and middle aged men) Look to develop tailored resources which can be used and shared in a range of ways (e.g. men in financial difficulty) Develop/use campaigns at improving the wellbeing of men	01/06/17	31/12/17	Review existing resources, identify gaps, develop a plan of how these can be best shared. Conduct social marketing campaigns to support male mental well-being	Jacqui Waite SDU	
1.4	(Young and middle aged men) Coordinate activities that ensure there are community outreach programmes in place which link with areas men access	01/06/17	31/12/17	Identify outreach places presenting significant risks and mechanisms for men in Bury to access support and ensure these are adequately promoted. Develop an activity schedule to utilise these.	Jon Hobday Barbara Wright Karen Young Jacqui Waite Heather Crozier	

1.5	(Those who self harm) Review current care pathways in frontline health, social care and 3 rd sector agencies around dealing with people who self-harm and those who have attempted suicide – with a view to increasing knowledge and ensuring adherence with NICE guidance for treatment and follow up	01/07/17	31/12/17	Completed self audit against NICE guidance. Changes in practice to align with the guidance where necessary (documenting changes)	Dawn Parker Kelly Bowden Early Break CAMHS Healthy Young Minds Dr Falmai Binns Terry Holland	
1.6	Continue to improve the health outcomes for people in contact with the criminal justice system, including reviewing the risk assessment process for offender health	01/06/17	31/12/17	Multi-agency review Risk assessment reviewed and updated Reduction in suicide cases within the criminal justice system	Glenn Parkes Sue Harris	
1.7	Increase quality and relevant referrals to mental health and adult services	01/07/17	31/12/17	More individuals in the criminal justice system getting appropriate support	Natalie Dalby Dr Nadeen	
1.8	(People in care of mental health services) Introduce a systematic way of identifying those most at risk of suicide within mental health services	01/07/17	31/12/17	Gap analysis Plan to ensure risk assessment is incorporated into mental health services	Dawn Parker	
1.9	(People who misuse drugs and alcohol) Ensure the drug and alcohol services have established guidelines and standards of practice relating to screening and supporting those potentially at risk of suicide	01/07/17	31/12/17	Agreed standards and guidance applied and adhered to across drug and alcohol service	Ann Noi Laura Walker Early Break	
1.10	(LGBT, BME, LTC) Ensure that sexual health services comply with best practice standards, including the use of appropriate screening tools	01/06/17	31/10/17	Pathways in place for actions if issues identified. Increased awareness of staff in services with people from potentially more vulnerable characteristic groups (e.g. socially isolated) and increased knowledge of how to risk assess	Shenna Paynter Jon Hobday Laura Walker	
1.11	(BME) Utilise safe and well visits to talk to the public about mental health	01/07/17	01/06/18	Increased awareness of mental health issues in BAMER population and hard to reach communities	Jon Hobday Paula Breeze Jax Effiong ADAB	
1.12	(People in receipt of employment benefits) Develop pathways with 3 rd sector providers for MH support	01/07/17	31/12/17	Clear simple pathways which all agencies including health professionals are aware of and use	Jon Hobday Dave Bevitt BIG	

1.13	(Universal) Developing an extensive and up to date directory of MH services / support that can be used by all members of the public and signposted to by all agencies	01/07/17	31/10/17	One place where all information around MH can be accessed in a quick and efficient manner e.g. The Bury Directory	Jacqui Waite Heather Crozier/ Social Development Team	
1.14	(Specific occupational groups) audit of internal workforce strategies to support positive mental health and wellbeing	01/07/17	31/10/17	A summary of actions taken by each organisation which supports positive health and well-being in their employees	Tom Gleaves ALL	
1.15	(Children and young people) engagement with the development of the local Children and Young People Mental Health Transformation Plan (CYPMHTP), to ensure it includes actions relating to reducing the risk of suicide and self harm in vulnerable children and young people.	01/03/17	30/04/17	Inclusion of children and young peoples views and specific actions related to reducing the risk of suicide in the CYPMHTP.	Michael Hargreaves	

Priority 2 - Reduce access to means of suicide

	Action / description	Start date	End date	Outcome	Lead officer	RAG rating
2.1	6 monthly audits place of deaths and most common means of suicides for Bury cases to identify places presenting significant risks and patterns to help identify potential interventions to reduce cases	01/03/17	01/03/18	Detailed view of suicides in Bury to provide recommendations for the most effective approach to tackle these	Jon Hobday Performance and intelligence team	
2.2	Work closely with road policing units to local bridges (M60) and other high risk locations – to ensure all beat officers are familiar with any areas known for suicide	01/06/17	01/06/18	Ensure information relating to this issue is included in inductions and annual updates for police officers	Natalie Dalby	

Priority 3 - Provide better information and support to those bereaved or affected by suicide

	Action / description	Start date	End date	Outcome	Lead officer	RAG rating
3.1	Ensure effective signposting and postvention services to support the needs of family members/friends	01/06/17	31/12/17	Audit of current postvention support from each agency, GAP analysis and recommendations	Jon Hobday Dave Bevitt Anne Whittington Adult mental health commissioner	
3.2	Promote PHE 'Help is at hand' document to key partners and make available in public buildings including libraries	01/07/17	01/06/18	Increased awareness and use of the document by each agency and amongst those affected by suicide	ALL	
3.3	Provide training and resources for primary care staff to raise awareness of the vulnerability and support needs of family members when someone takes their own life	01/06/17	31/12/17	Consistent messages and resources provided to patients through Primary Care staff across Bury	Zoe Alderson Usman Darsott Michael Hargreaves	

Priority 4 - Support the media in delivering sensitive approaches to suicide and suicidal behaviour

	Action / description	Start date	End date	Outcome	Lead officer	RAG rating
4.1	Work with local media outlets to foster a positive relationship and promote the responsible reporting guidelines	01/06/17	31/12/17	Local media outlets adopt and use the Samaritans media guidelines	Terry Holland Jon Hobday	
4.2	Utilise local and national campaigns and associated resources to challenge stigma	01/06/17	01/06/18	Review planned national and regional campaigns and ensure they get used and well promoted locally by all agencies	Jacqui Waite Terry Holland Michael Hargreaves	

Priority 5 - Support research and data collection

	Action / description	Start date	End date	Outcome	Lead officer	RAG rating
5.1	Endorse an annual GM suicide audit – then if completed do a local analysis and interpretation to look for patterns/themes/trends and share with wider members and organisations	01/04/17	01/04/18	Clear understanding of the rates of suicide in Bury and GM, any key themes, high risk location or trends and how resources can be best used	Jon Hobday GM lead – Andrea Fallon	
5.2	Keep up to date with suicide prevention research and circulate to key partners	01/04/17	01/04/18	Clear understanding of the most effective interventions to ensure resources can be used most effectively	Terry Holland Jon Hobday	
5.3	Triangulate data from all avenues e.g. police, fire, public health to provide an annual report to inform future interventions	01/04/17	01/04/18	Early identification of any emerging issues to allow interventions to be put in place early	Jon Hobday	